



### Health and Safety Information and Options

The following list shows Health and Safety topics. To better understand the topic areas you are required to take, please contact your licenser. After completing the desired course, **please submit a course evaluation, unless otherwise noted, to [info@wyostars.org](mailto:info@wyostars.org)**. \*\*\*All courses taken through [wyostars.thinkific.com](http://wyostars.thinkific.com) do not require a course evaluation form and will be automatically updated to your professional development report within 7 business days.

***Prices may vary from what is listed and if you pay for a subscription. Click on the course title to access the link to the course website. Note- some links will take you to a login page for that company.***

STARS Contact information - Phone: 1-800-400-3999 or email: [info@wyostars.org](mailto:info@wyostars.org)

#### **Modules:**

Company	Course Title (click on a course title for link to the course website)	Price	Notes
STARS & DFS	<a href="#">Wyoming Health &amp; Safety Training Options</a>  <b>***A report will be submitted to STARS staff when completed. You will not receive a certificate and you will not be required to submit an evaluation sheet.</b>	Free	Course does NOT cover #3 Medication Administration, #10 CPR or #11 First Aid those will need to be taken separately that will need to be taken separately
Better Kid Care	<a href="#">Health and Safety Basics: Requirements for Certification</a>	\$15.00	May only be taken once. Unable to accept other state specific modules (Georgia, New Jersey, Virginia, etc) Course does NOT cover #10 CPR & #11 First Aid, those will need to be taken separately
ProSolutions Training	<a href="#">Health and Safety Orientation Training</a>	\$15.00	Course does NOT cover #5 Fire Safety, #10 CPR, #11 First Aid or #12 Recognition and Reporting of Suspected Child Abuse and Neglect, those will need to be taken separately
ChildCare Education Institute	<a href="#">CCDBG Health and Safety Basics</a>	\$90.00	Course does NOT cover #5 Fire Safety, #10 CPR or #11 First Aid those will need to be taken separately
The Care Course School	<a href="#">Managing Head and Safety in Child Care</a>	\$50.00	Course does NOT cover #3 Medication Administration, #10 CPR or #11 First Aid those will need to be taken separately that will need to be taken separately

**Separate Courses: Only one course per section is required.**

**1. Bloodborne Pathogens - Infectious Disease Control options.**

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Bloodborne Pathogens - Infectious Disease Control &amp; Sanitation (CCDBG areas #1 and #8)</a>	2	Free
American Academy of Pediatrics	<a href="#">Bug Busting in Early Care and Education Settings</a>	1	Free
American Red Cross	<a href="#">Bloodborne Pathogens</a>	1	\$35.00
Texas A&M	<a href="#">Infection Control in Child Care Settings</a>	2	\$12.00
ProSolutions Training	<a href="#">Bloodborne Pathogens</a>	1	\$10.00
Better Kid Care	<a href="#">Infant-Toddler Healthy Spaces</a>	2	\$5.00
ChildCare Education Institute	<a href="#">Preventing the Spread of Bloodborne Pathogens</a>	1	\$15.00
Virtual Lab School	<a href="#">Staying Healthy: Proper Hygiene</a>	1	Free
ContinuED	<a href="#">Keeping Children and Staff Healthy: Ways to Manage the Spread of Illness</a>	1	\$99.00 (unlimited access)

**2. Sudden Infant Death Syndrome & Safe Sleep – SIDS**

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Safe Sleep Practices &amp; Shaken Baby Syndrome (CCDBG areas #2 and #6)</a>	2	Free
American Academy of Pediatrics	<a href="#">Reducing the Risk of SIDS and SUID in Early Education and Child Care</a>	1	Free
Texas A&M	<a href="#">Brain Development, Sudden Infant Death Syndrome, and Abusive Head Trauma: Shaken Baby Syndrome</a>	1	\$10.00
Texas A&M	<a href="#">Safe Sleep: Reducing the Risk of Sleep Related Infant Death in Child Care</a>	2	\$12.00
ProSolutions Training	<a href="#">Sudden Infant Death Syndrome (SIDS) Reducing the Risk</a>	1	\$10.00
Better Kid Care	<a href="#">Safe Sleep Practices for Caregivers: Reduce the risk of SUID</a>	1	Free
Better Kid Care	<a href="#">Infant-Toddler Care: Safety</a>	2	\$5.00
ChildCare Education Institute	<a href="#">Protecting Infants: Reducing the Risk of SIDS and Shaken Baby Syndrome</a>	2	\$30.00

The Care Course School	<a href="#">Keeping Infants Safe</a>	3	\$25.00
Virtual Lab School	<a href="#">Safe Sleep Practices</a> – Need to fill out a Training Evaluation form to receive credit	1	Free
ContinuED	<a href="#">Infant Sleep</a>	1	\$99.00 (unlimited access)

### 3. Medication Administration (PS)

Company	Course Title (click on a course title for link to the course website)	Hours	Price
Office of Head Start	<a href="#">Medication Administration: Keeping Them Safe</a>	1	Free
Texas A&M	<a href="#">Medication Administration in Child Care: Ensuring Children's Safety</a>	2	\$12.00
ProSolutions Training	<a href="#">Medication Administration in the Child Care Setting: Utilizing Proper Practices and Procedures</a>	2	\$18.00
ChildCare Education Institute	<a href="#">Medication Administration in the Early Care Environment</a>	3	\$45.00

### 4. Nutrition – Food Allergies

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Food Allergies (CCDBG area #4)</a>	1	Free
American Academy of Pediatrics	<a href="#">Food Allergy in Infants</a>	1	\$14.50
Texas A&M	<a href="#">Healthy Eaters: Infant and Toddler Nutrition in Child Care Settings</a>	1	\$10.00
ProSolutions Training	<a href="#">Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting</a>	1	\$10.00
Better Kid Care	<a href="#">Food Allergies: Management and Prevention</a>	2	\$5.00
ChildCare Education Institute	<a href="#">Food Allergies in the Early Care Setting</a>	1	\$15.00
The Care Course School	<a href="#">Understanding and Managing Allergies in Child Care</a>	1	\$12.00
Virtual Lab School	<a href="#">Food Safety Part 3: Pathogens and Allergens</a>	1	Free
ContinuED	<a href="#">Feeding and Nutrition for Infants and Young Children</a>	1	\$99.00 (unlimited access)

## 5. Fire Safety – Building and Physical Premises Safety

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Emergency Preparedness, Emergency Management and Fire (CCDBG areas #5 and #7)</a>	2	Free
ProSolutions Training	<a href="#">Essentials of Indoor Safety</a>	2	\$18.00
ChildCare Education Institute	<a href="#">Fire Safety in the Early Care and Education Environment</a>	1	\$15.00
Virtual Lab School	<a href="#">Preparing for Emergencies</a>	1	Free
FEMA	<a href="#">Multihazard Planning for Childcare</a>	1	Free

## 6. Shaken Baby Syndrome

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Safe Sleep Practices &amp; Shaken Baby Syndrome (CCDBG areas #2 and #6)</a>	2	Free
Texas A&M	<a href="#">Abusive Head Trauma (Shaken Baby Syndrome): A Guide for Child Care Providers</a>	2	\$12.00
Texas A&M	<a href="#">Brain Development, Sudden Infant Death Syndrome, and Abusive Head Trauma: Shaken Baby Syndrome</a>	1	\$10.00
Better Kid Care	<a href="#">Infant-Toddler Care: Safety</a>	2	\$5.00
ChildCare Education Institute	<a href="#">Prevention of Shaken Baby Syndrome and Abusive Head Trauma</a>	1	\$15.00
ChildCare Education Institute	<a href="#">Protecting Infants: Reducing the Risk of SIDS and Shaken Baby Syndrome</a>	2	\$30.00
The Care Course School	<a href="#">Safe Baby, Safe Child</a>	5	\$34.00
The Care Course School	<a href="#">Keeping Infants Safe</a>	3	\$25.00

## 7. Safety and Health of Children – Emergency Preparedness and Disaster Planning

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Emergency Preparedness, Emergency Management and Fire Safety (CCDBG areas #5 and #7)</a>	2	Free
Texas A&M	<a href="#">Emergency Planning for Child Care Providers</a>	2	\$12.00
ProSolutions Training	<a href="#">Emergency Preparedness: Better Safe Than Sorry!</a>	1	\$10.00
Better Kid Care	<a href="#">Developing an Emergency Preparedness Plan</a>	2	\$5.00

The Care Course School	<a href="#">Emergency Preparedness in Child Care</a>	2	\$18.00
Virtual Lab School	<a href="#">Preparing for Emergencies</a>	1	Free
Virtual Lab School	<a href="#">Safety in Family Child Care Settings: An Overview</a>	1	Free
FEMA	<a href="#">Multihazard Planning for Childcare</a>	1	Free
ContinuED	<a href="#">Routine-Based Strategies for Keeping Children Safe</a>	1	\$99.00 (unlimited access)

#### 8. Sanitation – Handling and Storage of Hazardous Materials

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Bloodborne Pathogens - Infectious Disease Control &amp; Sanitation (CCDBG areas #1 and #8)</a>	2	Free
Texas A&M	<a href="#">Ensuring the Health and Safety of Infants and Toddlers in Childcare</a>	2	\$12.00
Better Kid Care	<a href="#">Your #1 Priority: Keeping Children Healthy and Safe</a>	2	\$5.00
ChildCare Education Institute	<a href="#">Nutrition III – Sanitation and Hygiene in the Child Care Environment</a>	1	\$15.00
The Care Course School	<a href="#">Sanitation for Disease Prevention</a>	5	\$34.00
Virtual Lab School	<a href="#">Staying Healthy: Healthy Environments</a>	1	Free

#### 9. Transportation Safety

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Transportation of Children (CCDBG Area #9)</a>	1	Free
Texas A&M	<a href="#">Part 1 Transporting Children Safely in Child Care</a>	2	\$14.00
Texas A&M	<a href="#">Part 2 Transporting Children Safely in Child Care</a>	2	\$14.00
Texas A&M	<a href="#">Part 3 Transporting Children Safely in Child Care</a>	2	\$14.00
ProSolutions Training	<a href="#">Transportation Safety – Keeping Kids Safe</a>	2	\$18.00
Better Kid Care	<a href="#">Supervision: Moving Children</a>	1	\$5.00
ChildCare Education Institute	<a href="#">Basic Transportation and Field Trip Safety for Child Care Centers</a>	2	\$30.00
The Care Course School	<a href="#">Transportation Safety</a>	2	\$18.00
Virtual Lab School	<a href="#">Transportation and Field Trips</a>	1	Free

10. **CPR**– Must include a Pediatric portion (infants and children) and an in-person skills/demonstration test with a certified CPR instructor– 1 STARS Credit

11. **First Aid**– Must be taken from a reputable organization such as American Academy of Pediatrics, American Red Cross or American Heart Association, etc. – 1 STARS Credit

**12. Recognition and Reporting of Suspected Child Abuse and Neglect – Mandatory Reporting**

Company	Course Title (click on a course title for link to the course website)	Hours	Price
STARS & DFS	<a href="#">Recognizing and Reporting Suspect Child Abuse and Neglect (CCDBG Area #12)</a>	1	Free
Texas A&M	<a href="#">Child Maltreatment: A Guide for Child Care Professionals</a>	2	\$10.00
ProSolutions Training	<a href="#">Recognizing and Reporting Suspected Child Abuse</a>	2	Free
ChildCare Education Institute	<a href="#">Child Abuse: Signs of Abuse and Reporting Requirements for Early Childhood Professionals</a>	1	\$15.00
The Care Course School	<a href="#">Abuse and Neglect: A Caregiver's Guide to Child Abuse</a>	5	\$34.00
Virtual Lab School	<a href="#">Child Abuse Prevention, Identification, and Reporting</a>	1	Free